

# A Kingdom Perspective on TIME

## Making Time for What Matters Most

With Joseph Peck, M.D., The Time Doctor

(Study Guide for Students)

[www.moretime777.com](http://www.moretime777.com)

### A. Introduction

**AWARENESS is the first step to making a change.** Therefore, to be a good steward of your time, you must be aware of how you are using your time and understand key principles about time.

**My goal with this webinar training is to raise your awareness about TIME.**

Time is your most valuable resource. In fact, **TIME is your LIFE.** When you waste your time, you waste your life.

The Kingdom of God is a place of DIVINE ORDER, where things are done at the right time, with the right people, for the right reason, for God's glory.

Stewarding your time well is crucial to bring divine order to your family, home, work, community, and God-given dreams.

In Psalm 90:12, Moses wrote, "*So teach us to number our days that we may gain a heart of wisdom.*" Hence, time and God's wisdom are closely linked together.

A few years ago, Derek Prince wrote: "Time is the hardest thing to manage properly in our lives. **Stewardship of time is perhaps the supreme test of our discipline and our real Christianity.**

So let me ask you:

- Do you feel like you keep going around and around in circles accomplishing very little?
- Is life passing you by too fast, leaving you with little sense of fulfillment?
- Is the noise of the world and busyness of life drowning your dreams?
- Are you ready to be more and do more with Jesus, in Jesus, and through Jesus?

If you answered "yes" to any of these questions, I can help you.

During this webinar, we will discuss:

- What matters most

- Diligently guarding your priorities
- Removing obstacles that hinder your achievement
- Protecting what God has entrusted to you

## True **CONFESSIONS** of The Time Doctor

### B. What Matters Most

#### 1. Questions—Write down your answers

a. What matters most to you?

b. What daily habits **CONSISTENTLY** reflect what matters most to you?

c. What kinds of fruit are you seeing in your life?

d. **POLL #1:** On a scale of 1-5, how satisfied are you with your life and the amount of good fruit you are producing?

#### 2. What matters most according to the Word of God

a. **RELATIONSHIPS**

The Greatest Commandment: *Jesus said to him, "You shall love the LORD your God with all your heart, with all your soul, and with all your mind." This is the first and great commandment. And the second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the Law and the Prophets."* (Matthew 22:37-40) – This is my life verse.

## Relationships are the currency of the Kingdom of God!!!

Conversations are the currency of relationships.

### b. KINGDOM

Jesus preached the Kingdom of God, not salvation.

*"But seek **FIRST the kingdom of God** and His righteousness, and all these things shall be added to you."* (Matthew 6:33) – This Joseph's daily verse.

*Now after John was put in prison, Jesus came to Galilee, **preaching the gospel of the kingdom of God*** (Mark 1:14)

***Thy kingdom come, Thy will be done on earth as it is in heaven.*** (Matthew 6:10)

What does the Kingdom of God look like and how does it work?

### c. PRESENCE

*"nor will they say, 'See here!' or 'See there!' For indeed, **the kingdom of God is within you.**"* (Luke 17:21)

*...for the Kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.* (Romans 14:17)

*Jesus said to them, "Most assuredly, I say to you, before Abraham was, **I AM.**"* (John 8:58)

**God is a NOW God.** It is important for your language (words) to reflect that.

*Rejoice always, pray without ceasing; **in everything give thanks; for this is the will of God in Christ Jesus for you.*** (1 Thessalonians 5:16)

Being thankful creates an environment for love, joy, and peace to thrive. It is in the place of NOW and thanksgiving that you will experience God most fully.

When you sense you are losing your peace and joy, know you are moving away

from God. Choose to be in a place of peace and joy.

3. STORY: The EXTRAORDINARY miracle of 2014

**C. Guard Your Priorities Diligently**

1. Introduction

To guard your priorities, you must first know what they are.

What are your top priorities? (Write them down in order)

- First: \_\_\_\_\_
- Second: \_\_\_\_\_
- Third: \_\_\_\_\_
- Fourth: \_\_\_\_\_

What would those closest to you (e.g. spouse, child, parent, or a close friend) say are your top priorities?

What is a Godly order or priorities?

**POLL #2:** On a scale of 1-5, how do you rate your life in terms of passion and purpose?

2. Strategies to guard your priorities diligently

a. HEAR

*"My sheep hear My voice, and I know them, and they follow Me." (John 10:27)*

**Nothing is more important than learning to recognize the voice of your Heavenly Father!!!**

- b. KNOW God's WWW (God's Word, God's Will, and God's Ways)

*Be diligent to know the state of your flocks, And attend to your herds;* (Proverbs 27:23)

*The simple believes every word, but the prudent considers well his steps.*  
(Proverbs 14:15)

*My people are destroyed for lack of knowledge.* (Hosea 4:6)

- c. Establish Good HABITS

**Good habits are the key to all success.** Bad habits are the unlocked door to failure.

*Blessed is the man who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his **delight is in the law of the LORD**, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.* (Psalm 1:1-3)

What are your most important daily habits that are good?

What are your most harmful daily or weekly habits?

- 3. STORY: The Extraordinary 444 Miracle—partnering with James Goll and Jeffrey Thompson

#### **D. Remove Obstacles That Hinder Your Achievement**

- 1. Questions

- a. What are the biggest obstacles hindering your achievement?

- b. How do you know?
  - c. What would those closest to you say?
  - d. What is your biggest time waster?
  - e. **POLL #3:** On a scale of 1-5, how do you rate your stewardship of time?
2. Strategies to remove obstacles that hinder your achievement

a. REST

***“Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.”***  
(Matthew 11:28-30)

Rest is at the foundation of leveraging (multiplying) your time. The tricorn of leverage is REST, Reflection, and Revelation.

**To be spiritually healthy, you must ruthlessly eliminate hurry from your life.**

b. TRUST

*Trust in the LORD with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.* (Proverbs 3:5-6)

“Trust starts with TRUTH and ends with truth.” – Santosh Kalwar

Quotes about TRUST

Joshua and Caleb faced tremendous obstacles in achieving God’s plan for their lives. Don’t let the giants in your “land” keep you from experiencing God purposes and promises for you and your family. Identify your giants and conquer them!

“It is our destiny to kill giants... If we want to take down the giants, we have to have a giant inside of us!” - Graham Cooke, Author

Fear is a liar. Are you believing a lie?  
When you believe a lie, you empower the liar.

c. FOCUS

*No, dear brothers and sisters, I have not achieved it, but I focus on this ONE THING: Forgetting the past and looking forward to what lies ahead, (Philippians 3:13, NLT)*

*But, beloved, do not forget this one thing, that with the Lord one day is as a thousand years, and a thousand years as one day. (2 Peter 3:8)*

Focus is the key to redeeming the time.

**The Focusing Question**

The Mission of E2000 – **Teach Others to Teach Others to be led by God's Spirit**  
(2 Timothy 2:2)

3. STORY: The EXTRAORDINARY miracle of learning the most important lesson of my life.

**E. Protecting what God has entrusted to you**

1. Questions

- a. What are the most valuable things God has entrusted to you?
- b. What are you doing to safeguard those?

2. Key strategies to protect what God has entrusted to you

- a. Create and maintain MARGIN with your Time, Finances,

“Margin” is the space between my current performance and my limits.

Q: How close to the edge are you living your life?

Q: How much margin do you have?

**BUSY is an acronym for Burdened Under Satan's Yoke.**

## The Value Quadrant

### b. Establish BOUNDARIES

*Now it happened when Sanballat, Tobiah, Geshem the Arab, and the rest of our enemies heard that I had rebuilt the wall, and that there were no breaks left in it (though at that time I had not hung the doors in the gates), that Sanballat and Geshem sent to me, saying, "Come, let us meet together among the villages in the plain of Ono." But they thought to do me harm. So I sent messengers to them, saying, "**I am doing a great work, so that I cannot come down. Why should the work cease while I leave it and go down to you?**" (Nehemiah 6:1-3)*

To regain control of your life, you need boundaries (walls) more than ever in today's fast-paced, always-on, always-connected digital world.

Nehemiah was the most organized man in Scripture. Singlehandedly, he led the rebuilding of the wall that protected Jerusalem and God's temple. Rebuilding "the walls" of your home, habits, and heart will protect the wonderful gifts God has given you, freeing up time to enjoy the things that matter most to you and your family. Boundaries or Walls, both physical and spiritual, protect you and your family from the onslaught of our modern day culture.

Enabling is doing for others what they should and could do for themselves. Throwing off the shackles of enabling, we will be free to serve God more effectively and fully.

Consider the following questions:

- Do you have trouble saying no when you have too much to do already?
- If you say no, do you feel guilty?
- Do you do things for others they could do for themselves?
- Are you the person who always gets the job done?
- **POLL #4:** Do you have trouble setting boundaries (limits)?

### c. DELIGHT in the LORD

*Delight yourself also in the LORD, and He shall give you the desires of your heart.*  
(Psalm 37:4)



*Now godliness with contentment is great gain.* (1 Timothy 6:6-10)

Choose to LIVE with passion and purpose. “The chief end of man is to glorify God by enjoying Him!” – The Westminster Confession

3. STORY: Discovery of how being thankful is the key to experiencing God NOW

## F. Summary

Developing a Kingdom perspective on Time does not happen instantly, but rather over time.

AWARENESS is the first step to making a change.

With proper understanding of TIME, patience, persistence, and a good coach or mentor, your rate of growth will be much faster.

### **A Kingdom Perspective on TIME**

Making Time for What Matters Most

- What matters most  
*Relationships, Kingdom, Presence*
- Guard your priorities diligently  
*Hear, Know, Habits*
- Remove obstacles that hinder your achievement  
*Rest, Trust, Focus*
- Protect what God has entrusted to you  
*Margin, Boundaries, Delight*

