



STUDY GUIDE

If Not Now, When? Creating Time to Live Your Best Life Today

If you remember one thing, may it be this:

What is time? **Time is your life!!!** When you waste your time, you waste your life.

A. Why and how busyness is hurting you

1. Story: How I learned my most important life lesson
2. Scripture: *Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth!* (Psalm 46:10)
3. Quote: BUSY = Burdened Under Satan's Yoke
4. Question: Father, in what areas of my life is busyness hurting me?
5. Lesson: **To be spiritually healthy, you must ruthlessly eliminate hurry from your life!**
 - a. Love and hurry are incompatible!!!
 - b. In the Greatest Commandment, Jesus said the entire Bible can be summarized in one word—LOVE.
 - c. The currency of the Kingdom of God is relationships. The currency of relationships is conversations.
 - d. When you change your thinking, you will change your life!
 - e. Awareness is the first step to making a change.
6. Confession

B. Getting back to basics with how you use time

1. Story: Reading the Greatest Salesman in the World
2. Scripture: *Trust in the LORD with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.* (Proverbs 3:5-6)

3. Quote: **The secret of your future is hidden in your daily routine!!!**
 4. Question: Father, what are simple ways I can improve my daily routine?
 5. Lesson: The more time you invest with God, the more He will multiply your time.
 - a. Journal
 - b. **Learn to ask God questions** (i.e., Inquire of the LORD)
 - c. Overcome overwhelm. Take timeouts
 - d. Realize: The #1 time waster by far for most people is not living on purpose.
 - e. What is God's will? *Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:16-18)*
 6. Confession
- C. Simple things you can do to be more effective and productive
1. Story: Choosing a daily theme verse
 2. Scripture: *Seek first the Kingdom of God and His righteousness and all these things will be added to you. (Matthew 6:33)*
 3. Quote: The simplest solution is always the best one.
 4. Question: Father, what can I do to simplify my complicated life to be more effective?
 5. Lesson: **God is your Source** (for everything you need)!!!
 - a. Learn to say "no" much more often
 - b. Complexity is the enemy of everything.
 - c. Simplify to multiply!!!
 - d. **7 effective strategies to employ each day/week/month to maximize your time** and free up time to do things you love/value
- D. Embracing each moment to bring the greatest joy and impact
1. Story: Reading a book about the importance of Thanksgiving
 2. Scripture: *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (Philippians 4:6)*
 3. Quote: You experience God most fully when you are fully present in the moment.
 4. Question: Father, what is ONE thing I can do to embrace each moment fully?

5. Lesson: Practice His Presence—Be fully present wherever you are, whatever you are doing, whoever you are with.
 - a. Life is made up of memories and moments, not days, weeks, months, and years.
 - b. God is the great I AM, not the great I Was or the great I Will Be.
 - c. Today is the only day you will ever have. It's never tomorrow.
 - d. Thanksgiving creates an environment for love, joy, and peace to abound. That is where you will experience God most fully.
 - e. **Listen with LOVE!!!**

E. Planning to succeed

1. Story: Sermon during Christmas Eve worship service in 2000
2. Scripture: *Commit your work to the Lord, and your plans will be established.* (Proverbs 16:3 ESV)
3. Quote: God is a Planner!!!
4. Question: What is your intentional plan for personal growth?
5. Lesson: Failure to plan is a plan to fail. Most people don't plan to fail, but most people fail to plan
 - a. "If you don't control your calendar, it will control you!" - Nelson Searcy
 - b. 3 truths about personal growth
 - c. 4 simple keys to plan better: Abandon Annually, Measure Monthly, Withdraw Weekly, Divert Daily
 - d. It is wise to plan, but be willing to let go of your plans as the Lord directs. your steps. *A man's heart plans his way, But the LORD directs his steps.* (Proverbs 16:9)

F. Stepping into the more of God

1. Story: Joseph starting his habit of daily journaling
2. Scripture: *It is the glory of God to conceal a matter, But the glory of kings is to search out a matter.* (Proverbs 25:2)
3. Quote: The most important key to being successful in business, ministry, and life is to walk with God.
4. Question: Father, how can I step into much more with you?
5. Lesson: **Journaling is the key to unlock your dreams and destiny!!!**
 - a. Working with God instead of for Him
 - b. The focusing question
 - c. The 3 realms of time (Chronos, Kairos, and eternity)

- d. Tabernacle of Moses (Heaven's Blueprint Strategy)
- e. Learn to add the supernatural as you steward time
- f. Find the hidden gold
- g. One day of favor from God can be worth more than a lifetime of labor.
- h. Success is where opportunity meets preparedness.

G. If Not Now, When? Creating Time to Live Your Best Life Today

- 1. Story: Dreaming with God
- 2. Scripture: *For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. (Jeremiah 29:11 NIV)*
- 3. Quote: Procrastination is not doing what Father God desires right NOW.
- 4. Question: Father, what is ONE Thing I can do today that by doing it everything else will be easier or unnecessary?
- 5. Lesson: To live a bigger life, you must get on the onramp.
 - a. Prepare to start the new year off well.
 - b. You become the average of your 5 closest friends!
 - c. Successful people make decisions quickly and change their mind slowly.
 - d. Awakening the human spirit cannot happen by yourself. Awakening your spirit happens most effectively in sharing relationships within a small group.
 - e. Stop for the one!!!